

A romantic couple is shown in profile, facing each other and kissing. The woman has long, wavy brown hair and is smiling. The man has short, light-colored hair and is also smiling. They are outdoors, with a blurred background of a beach and ocean under a clear sky. The entire image has a soft, light blue overlay.

Lynn Hudorovich
Love the Feminine Way

Love Turnaround **Method**

The Art of Transforming Your Relationship

6 Modules to living a thriving, supportive relationship.



A NOTE FROM LYNN

WELCOME, MY BEAUTIFUL FRIEND.

I am so excited that you've decided to dive into this course. No matter where your relationship is now, I promise you that if you follow the guidelines, the videos and do the reflective work I've laid out for you here in these modules, you will experience massive breakthroughs and shifts in your relationship, and even in your life.

We start with getting clear on your desires, then going into inner work, learning about communication and into the feminine principles of surrender and receiving. This process is proven, tried and true, as it has worked for my clients, who after working with me report to have totally transformed relationships.

For specific circumstances in your own relationship and life, please reach out for guidance. I encourage you to upgrade to the VIP course for two private sessions. These sessions, I can help you gain perspective on your relationship, your unique blocks or limiting beliefs and how to transform them. Reach out anytime. I wish you an amazing journey of love transformation.



Lynn

Your Love Coach
Founder of Love the
Feminine Way



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INSTRUCTIONS: Lorem ipsum dolor sit amet, consectetur adipiscing elit. Phasellus non tortor ac dolor laoreet aliquam. Nam nec odio massa. Donec at maximus orci, id vulputate quam.

MODULE 1: GETTING CLEAR ON YOUR DESIRES

MODULE 2: TRANSFORMING DYSFUNCTION

MODULE 3: SETTING LOVING BOUNDARIES

MODULE 4: AUTHENTIC COMMUNICATION

MODULE 5: EMPOWERED SURRENDER

MODULE 6: DIVINE RECEIVING

VIDEO TRAINING CHECKLIST

CHECK THE BOX WHEN YOU FINISH THE TRAINING

<input type="checkbox"/>	Module 1 Intro	<input type="checkbox"/>	Module 3 Intro	<input type="checkbox"/>	Module 5 Intro
<input type="checkbox"/>	Training 1.1	<input type="checkbox"/>	Training 3.1	<input type="checkbox"/>	Training 5.1
<input type="checkbox"/>	Training 1.2	<input type="checkbox"/>	Training 3.2	<input type="checkbox"/>	Training 5.2
<input type="checkbox"/>	Training 1.3	<input type="checkbox"/>	Training 3.3	<input type="checkbox"/>	Training 5.3
<input type="checkbox"/>	Training 1.4	<input type="checkbox"/>	Training 3.4	<input type="checkbox"/>	Training 5.4
<input type="checkbox"/>	Training 1.5	<input type="checkbox"/>	Training 3.5		
<input type="checkbox"/>	Training 1.6				
<input type="checkbox"/>		<input type="checkbox"/>	Module 4 Intro	<input type="checkbox"/>	Module 6 Intro
<input type="checkbox"/>	Module 2 Intro	<input type="checkbox"/>	Training 4.1	<input type="checkbox"/>	Training 6.1
<input type="checkbox"/>	Training 2.1	<input type="checkbox"/>	Training 4.2	<input type="checkbox"/>	Training 6.2
<input type="checkbox"/>	Training 2.2	<input type="checkbox"/>	Training 4.3	<input type="checkbox"/>	Training 6.3
<input type="checkbox"/>	Training 2.3	<input type="checkbox"/>	Training 4.4	<input type="checkbox"/>	Training 6.4
<input type="checkbox"/>	Training 2.4	<input type="checkbox"/>	Training 4.5		
<input type="checkbox"/>	Training 2.5				

MODULE *Desires* ONE

YOUR WEBSITE CONTENT © 2000 NAME

Module 1

GETTING CLEAR ON YOUR DESIRES

Module Introduction

When you allow yourself to get clear on your desires, everything gets SOOOO much easier. You don't have to know how to get there yet. This is an exercise in clarity.

If you don't know what you want, you won't ever get out of the hamster wheel of a unloved and unlived life. If you don't claim your vision as yours, it will never come into your experience.

Manifesting the love life of your dreams is really no different than manifesting in any other area. The first step is to know what you want. When I say manifest, I do not mean passively sit back and hope the Universe delivers. There is part of that, which we'll get to in Module 5. However, the bulk of this will take some effort and work on your part to transform the way you've been until now.

So, as you prepare to dive into the training videos, I invite you to begin opening up your heart and your mind. I ask you now, if anything were possible, what do you desire?



1.1 YOU ARE HERE

INSTRUCTIONS: Write down your current status. Where you are. What is the truth.
Get clear on where your relationship is right now. Make a list.

For example:

- *Don't eat dinner together.
- *Live in a 2-bedroom apartment
- *Make love once a month
- *Never talk about money
- *I don't feel supported by him in my business.

A large, empty rectangular area with a light gray background, intended for the user to write their current status and relationship details.



1.2 YOUR TRUTH

FIRST ACKNOWLEDGE ANY GUILT, FEAR AND OBLIGATION YOU FEEL IN
REGARDS TO TRANSFORMING YOUR RELATIONSHIP

**DO YOU FEEL ANY GUILT IN DESIRING TO TRANSFORM YOUR RELATIONSHIP?
WHAT IS IT LINKED TO?**

**DO YOU FEEL ANY FEAR AROUND TRANSFORMING YOUR RELATIONSHIP?
ABOUT WHAT?**

**DO YOU FEEL OBLIGATED TO KEEP YOUR RELATIONSHIP THE SAME? IN WHAT
WAY?**



1.3 WHAT DO YOU NOT WANT?

INSTRUCTIONS: Make a list of your worst case scenarios. Anchor in all the things you do not want.

For example:

- *To settle
- *A divorce
- *A loveless marriage
- *Co-parenting our children separately
- *Feeling unsupported

Now highlight all the things you wrote that are your current realities. Some things you fear already happened. Anchor that in.



1.4 YOUR DESIRES

TAKE A MOMENT TO VISUALIZE YOUR RELATIONSHIP IN ONE YEAR, FIVE YEARS AND 10 YEARS INTO THE FUTURE. WHAT IS YOUR VISION? WHAT ARE YOUR #RELATIONSHIPGOALS?

What do you desire your relationship to look like in 1 year?

What do you desire your relationship to look like in 5 years?

What do you desire your relationship to look like in 10 years?



1.5: 7 Levels Deep WHY

- ✓ **LEVEL #1: WHAT IS IMPORTANT TO YOU ABOUT TRANSFORMING YOUR RELATIONSHIP?**

- ✓ **LEVEL #2: WHY IS IT IMPORTANT TO YOU?**

- ✓ **LEVEL #3: WHY IS IT IMPORTANT TO YOU?**

- ✓ **LEVEL #4: WHY IS IT IMPORTANT TO YOU?**

- ✓ **LEVEL #5: WHY IS IT IMPORTANT TO YOU?**

- ✓ **LEVEL #6: WHY IS IT IMPORTANT TO YOU?**

- ✓ **LEVEL #7: WHY IS IT IMPORTANT TO YOU?**

1.6: WHAT ARE YOU WILLING TO DO?



Write down whether or not you are willing to make the following changes. You do not need to know how yet. Just get clear on your willingness...(your level of commitment)



ON A SCALE FROM 1-10, (SAD FACE BEING 1 AND HAPPY FACE BEING 10). WHERE ARE YOU IN WILLINGNESS TO DO THE WORK TO REACH YOUR RELATIONSHIP DESIRES?



ARE YOU WILLING TO HAVE THE CONVERSATIONS?

YES OR NO?

DO YOU THINK YOU CAN?



ARE YOU WILLING TO GO DEEP WITHIN YOURSELF AND ADMIT YOUR PART?

YES OR NO?

DO YOU THINK YOU CAN?



ARE YOU WILLING TO REMOVE YOURSELF FROM DYSFUNCTION AND CODEPENDENCY?

YES OR NO?

DO YOU THINK YOU CAN?



ARE YOU WILLING TO SET NEW BOUNDARIES?

YES OR NO?

DO YOU THINK YOU CAN?



1.6 CONTINUED: WHAT ARE YOU WILLING TO DO?



ARE YOU WILLING TO SURRENDER THE CONTROL?

YES OR NO?

DO YOU THINK YOU CAN?



ARE YOU WILLING TO BEGIN TO TRUST?

YES OR NO?

DO YOU THINK YOU CAN?



ARE YOU WILLING TO PUT YOURSELF IN A NEW VULNERABLE SITUATION?

YES OR NO?

DO YOU THINK YOU CAN?



ARE YOU WILLING TO GIVE YOURSELF MORE LOVE (AND RECEIVE MORE FROM YOURSELF) THAN YOU EVER HAVE? ?

YES OR NO?

DO YOU THINK YOU CAN?



ARE YOU WILLING TO... (FILL IN YOUR OWN BLANK)

YES OR NO?

DO YOU THINK YOU CAN?